



The RHE Curriculum

at Ashfield Valley Primary School

There is a clear vision for the Teaching and Learning of RHE

At Ashfield Valley Primary School, we believe that children are all individuals and we aim to encourage mutual respect, responsibility and foster self esteem in a safe and caring setting. The teaching and learning of RHE supports and upholds this vision.

There are three overarching topic areas in the teaching of RHE at Ashfield Valley. These are: Health and Wellbeing, Relationships and Living in the Wider World. The scheme of work provides learners with a rich knowledge and understanding of themselves and the world around them.

There is a clear vision for the Teaching and Learning of RHE

We aim for our RHE curriculum to play a leading role in the development of children's social, moral, spiritual and cultural development.

Through the teaching of the lessons in the 3D New Dimensions scheme, we want children to be equipped with the skills to recognise and build healthy relationships, keep themselves mentally and physically well and have respect for and tolerance for differences.

We aim to provide a sequential curriculum that allows children to express their own ideas, insights and responses to questions about themselves, others and the wider world. Discussion is encouraged and all views are treated with respect.

Children are encouraged to set goals and have aspirations for themselves as they get older. Children are taught to challenge any unfairness that they come across against themselves or others.

Our Curriculum is progressive and builds upon prior knowledge at every stage.

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EYFS	<p>Personal, Social and Emotional Development is one of the three prime areas in the EYFS curriculum and runs through everything that is taught. There is a large focus on developing independence, resilience and the ability to understand their own and other people's emotions.</p> <p>As well as this, children complete lessons from the 'New Dimensions' curriculum, covering:</p> <ul style="list-style-type: none"> • Making Relationships • Self-confidence and self-awareness • Managing feelings and behaviour 					
Year 1	The importance of rules Being a good friend Online safety	Good manners, emotions and opinions	Eating healthily and keeping ourselves clean, making comparisons	Dealing with unkind behaviour and keeping ourselves safe	My family, special people, kindness and sharing	Road safety And keeping money safe
Year 2	Belonging, friendship and staying safe	Consequences, aspirations and co-operation	Dental hygiene and keeping clean	Similarities and differences, Exercise to keep healthy	Behaviour, responsibility	Emotions And enterprise and local citizenship
Year 3	The importance of rules Online safety	Friendship, loss and separation	Physical, emotional and mental wellbeing	Looking at different communities	What to do in an emergency situation	Healthy living And shared goals
Year 4	Gender stereotypes Online safety	Feelings, persistence and resilience	Healthy Eating. Where does our food come from?	Expressing opinions, family changes, loss and separation.	Identifying strengths and setting goals	Families, religious views and diversity
Year 5	Rights and responsibilities, law and order	Managing conflict, dealing with death and grief	Healthy lifestyles	Listening to others and confidentiality	Making good food choices, personal space	Basic first aid, shared goals
Year 6	Identifying strengths and setting goals	Gender stereotypes, race and ethnicity, culture	Illness and immunisation, marriage	Healthy minds and mental wellbeing	Financial awareness and budgeting	Making money and raising money

The Linking Project

In Year 4, children are involved in the Rochdale Linking Project. Ashfield Valley Year 4 team up with Year 4 from St. Luke's C of E Primary School in Heywood. Children are assigned a 'buddy' in the linking class who they meet, write letters to and spend time with over the course of the year. The aim of the linking project is for children to meet other children who are different to them, widen their experience and learn to celebrate difference.



Pupil Voice

What is RHE?



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