



The Physical Education Curriculum

at Ashfield Valley Primary School

There is a clear vision for the Teaching and Learning of Physical Education

‘Every child leads a healthy, active lifestyle and displays confidence and interest in exercise and sports, both in and outside of school. To display values such as fairness and respect through competitive sports and have the desire to succeed in physically demanding activities.’



There is a clear vision for the Teaching and Learning of Physical Education

We worked together to create a whole school vision for PE.

We provide opportunities for our pupils to excel in school and through competitions. We also undertake high quality external training.

We aim to provide a skills based, progressive PE curriculum, which develops all pupils' knowledge and skills to use in a variety of activities and sports.

Our Curriculum is progressive and builds upon prior knowledge at every stage.

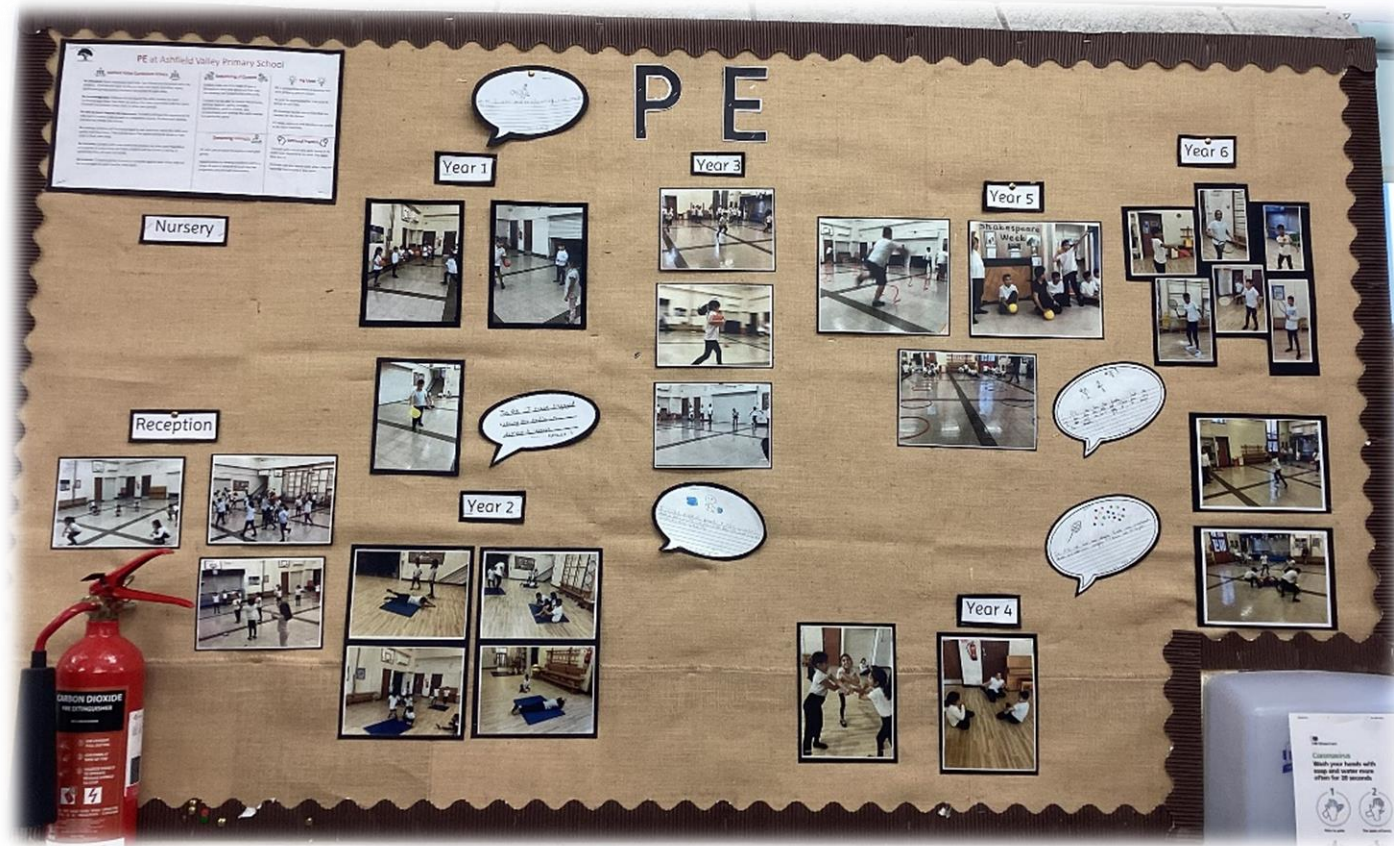
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| Nursery | Fine Motor Skills <ul style="list-style-type: none"> • Run skilfully. • Pick up, carry and put down with care. • Thread with control. | Locomotion 1 <ul style="list-style-type: none"> • Walk forwards and backwards. • Negotiate space. • Jump in different ways. • Dodge and gallop. • Slide to the left and right. | Day on the Farm <ul style="list-style-type: none"> • Throwing, catching, ball throwing. • Bouncing, leaping and balancing. • To copy and create movements. | Under the Sea <ul style="list-style-type: none"> • Jumping, leaping and hopping. • To move in different creative ways. • Starting, stopping, balancing and running. | An encounter with Pirates <ul style="list-style-type: none"> • Running, bending, stretching and balancing. | Target Games 1 <ul style="list-style-type: none"> • Throw a ball underarm. • Strike a ball with my foot. • Kick a ball and roll with both feet. |
| Reception | Locomotion 2 <ul style="list-style-type: none"> • Jump in a variety of different ways. | Yoga <ul style="list-style-type: none"> • Perform different poses and think creatively. | Dance-Seasons <ul style="list-style-type: none"> • Use my body to create different shapes and to perform sequences. | Target Games 1 <ul style="list-style-type: none"> • Throw a ball underarm. • Strike a ball with my foot. • Kick a ball and roll with both feet. | Striking & Fielding Games Skills 1 <ul style="list-style-type: none"> • Develop fielding techniques. • Bowl, pick up and stop a ball. • Chase and retrieve a ball. | A Visit to the Zoo <ul style="list-style-type: none"> • Move in different ways. • Create and copy movements. |

Target Games in EYFS and mastered in KS1

Applying skills in KS2 to a range of activities and sports.

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| Year 6 | Tennis <ul style="list-style-type: none"> • Hit forehand and backhand. • Volley, smash, lob and serve. | Gymnastics- Flight <ul style="list-style-type: none"> • Perform gracefully using take off. • Explore different levels. | OAA <ul style="list-style-type: none"> • Think creatively using non-verbal communications to solve problems. • Navigate using a map. | Basketball <ul style="list-style-type: none"> • Control and pass at ball at different speeds. • Mark the opposition. • Dribble, pass and shoot. | Rounders <ul style="list-style-type: none"> • Bowl, throw, catch a ball. | Dance-World War 2 <ul style="list-style-type: none"> • Change actions and communicate effectively. |
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Subject Specialism – Design and Technology is valued within our wider curriculum



We teach PE every week!

There is a PE display in school to showcase achievements, sport reports and provide information such as team lists for upcoming competitions. The board is constantly being updated.

Enhancing the Physical Education Curriculum

Rochdale School Games

Sports Day

SEND Competitions

Visitors



Pupil Voice

What is PE and why is it important?



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