## Year 3 Hinduism - What do Hindus believe?

| Key Vocabulary |  |
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| Hindu | Someone who follows Hinduism. |
| Mandir | A special place for Hindus to worship. |
| Murtis | Special statues or images of Hindu gods and <br> goddesses. |
| Puja | Act of worship for Hindus. |
| Shrine | A holy place to pray. |
| Shruti | Hindu holy scriptures, which contain the four <br> Vedas. |
| Smriti | Hindu holy scriptures contain legends, myths and <br> history. |
| Vedas | Ancient Hindu text. |
| Brahman | Hindus recognise one God, Brahman. |
| Brahma | Hindu God of creation. |
| Vishnu | Abraham founded Judaism |
| Trimurti | The three aspects of the universal supreme God. |
| Tridevi | The three great goddesses of Hinduism. |

## Main Beliefs

Hindus believe in one God (Brahman) but God can be represented in different forms. They have four main beliefs: Truth is Eternal - Hindus are encouraged to learn.
Dharma - Dharma means to do the right thing with good behaviour. Reincarnation - Hindus believe a soul cannot be destroyed, so when a Hindu dies, their soul enters a new living being.
Moksha - Moksha is the ultimate goal. It happens when a soul stops being reincarnated and is reunited with Brahman.

Hinduism
Hinduism is the oldest of the world's religions. It is now practised all over the world but originated in South East Asia. It is a mix of different beliefs, cultures and traditions dating back over 4000 years.


## Hindu Festivals

Holi is the festival of colours' and marks the beginning of spring with bonfires and lots of singing and dancing. Old rubbish is burnt to mark a fresh start and colour is thrown on people.

Diwali is the 'festival of lights' and is celebrated in late autumn. Diwali celebrates good's victory over evil with lots of lights around homes. Fireworks, presents and new clothes are used to celebrate.

## Hindu scriptures

There are holy scriptures in Hinduism. The scriptures support Hindus in their life and guide prayer.
Shruti texts are knowledge from gods. Smriti were written by Hindu spiritual leaders.

